

# Opening

Can someone please tell me where the term 'Bridezilla' originated from? These days it seems to be the tag most Brides dread to hear but feel will become a reality before getting to the point of saying 'I do.' For a young woman, her wedding day is supposed to be the happiest of her life. So why is it many Brides walk up that aisle, stressed, exhausted and totally overwhelmed?

The answer may very well lay in the fact that for the first time in the her life she is taking on the challenge of organizing one of the biggest events in two families lives, that in all reality will involve or effect at least two hundred people plus. Regardless of the number of guests attending her wedding, all will work to the timing and schedule originally dictated by the Bride and Groom.

Keeping this in mind, the Bride will also need to accurately coordinate specific dates making sure they either do or don't overlap with school holidays, public holidays, major community events, sporting events or a loved one's birthday who may feel upset that they will be over looked if the wedding is held on that day.

Then once the date is decided upon the Bride will have to calculate aspects of travel, time, lighting, music, food, the wedding cake, invitations, rehearsals as well as getting a firm picture in her mind of the colour, style and theme of her dress, his suit, the attendants outfits and the table decorations to ensure all involved are agreeable to those ideas and everything matches perfectly.

Then, come closer to the time, she will have to address the issues of hair, makeup, nails, and jewellery for not only herself but her attendants, mums, sisters, future sisters-in-law and even granny so she doesn't feel left out. Just when she thinks she has covered all bases, she discovers the vision she had of a beach wedding with an aisle strewn with frangipani flowers - that frangipani will not even be in season.

It is any wonder organizing a major event on this scale (which in the real world is a specialised skill that professionals are highly paid to coordinate), just dealing with complexities of various family relationships and personalities, and everyone wanting to offer their own piece of timely advice, can drive any normal, sweet, charming young woman, to the point of experiencing the occasional Bridezilla moment?

At the end of this book, I will give you my Ten Top, Bridezilla Free Tips to save you time, money, heartache and at least a few dozen restless nights. So let's begin... grab yourself a highlighter pen, a notepad and jot down tips that really leap out at you from these pages.

The beauty of THE TEN SECOND KISS is that no matter how many times you read it I can guarantee, you will pick up a different tip every single time.  
Off we go...